



HandsOn Shanghai  
牵手上海

# 2020 Annual Report





HandsOn Shanghai  
牵手上海

Be the  
change;  
volunteer!

# Contents

- 4 Letter from Board
- 6 Our Impact
- 7 2020 HoS Projects
- 25 Individual Volunteering
- 29 Student Team Volunteering
- 34 Corporate Volunteer Service
- 39 Socially Distant Projects
- 45 2020 Community Partners
- 45 2020 Charity Partners
- 46 Our Team

# A Letter from the Board Member / Volunteer Leader of HandsOn Shanghai

In the past 2020, our planet has experienced an extraordinary year.

The raging epidemic has caused many precious lives to leave us. Because of the quarantine of the epidemic, many people cannot get close to each other and cannot get together in friendship. The white angels entered the epidemic area in reverse, treating and guarding the patient's day and night; public officials stood by and tried their best to prevent the spread of the epidemic; of course, there are also our volunteers who shuttled to the front line of the epidemic.

We have emerged as a role model for volunteers, Wuhan Express brother Wang Yong. During the outbreak in Wuhan, Hubei, he took the initiative to escort medical staff and organized a volunteer service team to actively solve problems and resolve worries, and made outstanding contributions in winning the battle against the epidemic. For this reason, he won the highest honor of volunteers-the national advanced individual in fighting the new crown pneumonia epidemic.

In 2020, holding hands in Shanghai also encountered unprecedented difficulties. The epidemic is spreading, and most of our volunteer projects are at a standstill. Hospitals cannot be admitted, nursing homes cannot be accompanied, and migrant children cannot teach. This has greatly reduced the actual service time of our volunteers. However, some of our projects have overcome difficulties, changed various forms, and maintained warm contact with recipients. We sent hand-made sachets for the elderly, broadcasted live classes on epidemic prevention for school teachers and students, and organized online classes on charity empowerment for college students. Offline activities like beach cleanups, campus "painters", and visually impaired accompany running projects are still active.

The epidemic has hindered our close volunteer service, but it cannot stop our volunteer service.

The year 2021 has come, and with the volunteers in Shanghai, we are actively cooperating with the government and medical care while doing our own protection, and

continuing to contribute voluntary services and participate in epidemic prevention and control.

We also look forward to the new year, the end of the new crown epidemic soon, and the early launch of various volunteer activities!

**Change bit by bit, starting by volunteering! Tomorrow will be better!**



*Jie Zhou*

**THE BOARD MEMBER/  
VOLUNTEER LEADER OF  
HANDSON SHANGHAI**

January, 2021

## OUR MISSION

Promote volunteerism, mobilize, motivate, and support people to take action to bring about positive change in our world.

## OUR VISION

We allow everyone to discover their potential to change the world, create a vibrant and healthy community, and a society in which everyone participates.



# Our Impact in 2020



VOLUNTEER HOURS:  
**8,624**



NUMBER OF ACTIVE VOLUNTEERS:  
**125**



VOLUNTEER TRAINING HOURS:  
**580**



VOLUNTEER OPPORTUNITIES:  
**1,800**



VOLUNTEER LEADERS:  
**121**



STUDENT ASSOCIATIONS:  
**30**



COMMUNITY PARTNERS:  
**35**



CORPORATE PARTNERS:  
**16**



NUMBER OF DIRECT BENEFICIARIES:  
**683**



NUMBER OF VOLUNTEERING EVENTS:  
**121**



# 2020

**HANDSON  
SHANGHAI  
PROGRAMS**

# Migrant Children Education Project

As the pace of urban development accelerates, a large number of migrant workers join the tide of construction in Shanghai. At the same time, the children of migrant workers follow their parents and come to Shanghai to study, work, and live. At present, there are more than 400,000 migrant children of school age in Shanghai. As the second-generation “immigrants” entering Shanghai and becoming the future “new Shanghainese”, they can receive compulsory education in specialized migrant schools here and gradually enter public schools to study and live with local students. In recent years, government support and social attention have greatly improved the school facilities and teachers of migrant children. To give these children more opportunities to explore and develop in their quality, abilities, and expertise, HandsOn Shanghai has been recruiting and organizing educational volunteers to come to migrant children’s schools since 2008. Our goal has been to improve the infrastructure and teaching environment for the school and provide a wealth of extracurricular activities for children.

**Forms include:** Hardware improvement and maintenance: book box production, wall painting, campus landscaping construction, donation of school supplies, etc.

**Course teaching:** English interest courses, science interest courses, sex education courses, moral education courses, comprehensive science courses, art courses such as painting and handicraft etc.

**Interest Clubs:** Basketball Club, Reading Club, Football Club

**Charity Summer Camp:** Charity summer camp activities lasting about one month each summer, including indoor interest courses, outdoor visits, charity carnival activities, etc.

**Experience Class:** I CARE - Growing Experience Project, Sports Day, Urban Exploration



# Child Care Project — Children's Hospital

Tens of thousands of parents bring their children from all over the country to the doctors in Shanghai every day. Not only are the parents anxious, but the sick children are also very uncomfortable. College student volunteers, individual volunteers, and corporate volunteer teams actively participate in HandsOn Shanghai Patient Care Project, bringing joy and smiles to sick children and parents. Volunteers interact closely with children, make infants and toddlers laugh, accompany older children to play games, draw pictures, tell stories, talk and chat with parents, bring happiness and a relaxing time and ease children's dullness and parental pressure. Not only on weekdays, but volunteers also play cartoon characters to enter the hospital during the festival, so that children in the hospital can feel the festive atmosphere and happiness.



# Child Care Project — Cerebral Palsy Rehabilitation Center

With such a group of children, they are born with mental or physical impairments. In Shanghai, there are many rehabilitation institutions for children with intellectual or physical disabilities, providing them with a warm living environment, striving to explore the children's potential and restore normal mobility. HandsOn Shanghai regularly recruits training volunteers to come to the rehabilitation institution, assists the rehabilitation teacher through games and companionship, teaches children simple cognitive knowledge, and designs game lessons for children with dysfunction; all of which aim to bring warmth and care to children with cerebral palsy.



# Child Care Project — Baby House

Shanghai Baby's Home Orphan Foster Care Center is a short-term rehabilitation care center for medical aid orphans in welfare institutions in Shanghai and surrounding areas. Volunteers will accompany and take care of these children every week, and walk with them.

Due to the epidemic, to protect the health of the children, this year's volunteers have had no chance to visit the hospital or rehabilitation center to accompany the sick children, but what remains the same is everyone's wish. I hope that the babies are healthy and happy!



# Mentally Disabled Group Project — Sunshine Home Program

There is a special group in Shanghai, including people with intellectual disabilities in Sunshine Homes in various districts, and homeless people in rescue stations. Since 2005, HandsOn Shanghai individual and corporate volunteer teams, the student volunteer society has begun to pay attention to people with mental disabilities and participate in the activities of the sunshine home and the rescue station. At the sunshine home in various districts of Shanghai, volunteers accompany the sunshine home students in each district to do simple handicrafts, festival-themed activities, English lessons, baking lessons, outdoor activities, and accompany them to spend a pleasant afternoon together.

## HIGHLIGHT ACTIVITIES

Wall Painting • Crafting Class • Traditional Chinese Painting • English



# Mentally Disabled Group Project —

## Autism Care

Autistic children are living in their universe, their eyes are clear, but they dodge; they can hear but they are silent. Behind the beautiful name of “Kids From the Stars” is the cruel and sad reality of autism patients. Art and PE intervention in the field of autism education is a positive way to intervene in autistic patients and strive to improve their ability to live and promote social integration. HandsOn Shanghai launched a series of autism art projects with several social groups and organizations. Use those activities as a bridge to help them build interaction with others and gradually improve their ability to communicate with others.



### HIGHLIGHT ACTIVITIES

#### Graffiti

With the support of the Rainbow Mother Family Care Center, Xingqu Graffiti is the only regular program that remains after the epidemic has stabilized this year. The Xingqu Graffiti Class does not pursue perfect art, nor does it cultivate young painters, but volunteers. With our company’s help, autistic children can be happy in the process of graffiti while learning and improving their life and social cognition. Autistic children are respected, and volunteers have the opportunity to understand this group.

# Elderly Care Program

Nowadays, Nursing homes in Shanghai have three percent of the city's elderly. This kind of elderly has two types of needs: basic survival needs, such as accommodation, diet, physical exercise, and personal spiritual needs like humanistic care, psychological companionship, and community integration. Elderly care institutions have provided adequate services for basic survival needs, but there is still much room for improvement in spiritual needs. The limitations of life in nursing homes make the elderly feel socially helpless and lacking in value. Taking into account these needs of the elderly, HandOn Shanghai and several nursing homes launched long-term volunteer service projects, provided diversified volunteer positions, and let more people enter this group.

In this special year, nursing homes also had special management models. For the sake of their grandparents' health, the volunteers did not visit almost all year long, did not hold their hands to accompany them, and chatter, but the volunteers used the form of anti-epidemic sachets to send blessings to the elderly.

## **HIGHLIGHT ACTIVITY**

Volunteer Cloud Course - Public Welfare Training on Basic Knowledge of Elderly Care Services.

During the epidemic, elderly care institutions were managed in a closed manner, and all elderly care services held in Shanghai were stopped. To fill the lack of face-to-face volunteer service positions during this period, we cooperated with Jiji Health Management Consulting Co., Ltd. on the pro bono cloud project, and invited professional trainers to offer themed volunteer cloud courses for the elderly service volunteer leaders in Shanghai. Our goals were to help everyone develop a deeper understanding of the status and needs of the elderly, an in-depth understanding of all aspects involved in elderly care services, to lay a solid foundation for continuing to provide voluntary services in the future. During the course, through theoretical study and practical case discussion, we discussed how to help the elderly live a good old age with security and dignity.

A total of 60 team leaders and volunteers benefited from the 2 cloud courses. Thanks to the 3 experienced trainers from Jiji. We look forward to seeing you again at future events.



“This training gave me a better understanding of the elderly, and I will pay more attention to details in the future. I agree with a junior partner who said, ‘here and now, we can provide company to the elderly in their happy old age.’ I think that may also require the efforts of the elderly themselves, their families, and society in all aspects and our volunteers are just a small part of the force. I hope that this small force will continue to grow and be passed on.”

**- HOS ELDERLY CARE PROJECT  
VOLUNTEER LEADER**



# Environmental Protection Project —

## Beach Cleanup



While urban construction is developing rapidly, its offshore resources tend to degrade, and the contradictions between population, resources, and the environment have become increasingly prominent. Protecting the marine environment on which we depend has become a responsibility we cannot ignore. The beach cleanup activities held by HandsOn Shanghai, through mobilizing and encouraging citizens to actively participate in the beach clean-up activities, aim to enable participants to feel the relationship between the people, the sea, and nature. At the same time, the data collected during clean beach activities will be used to support scientific research and monitoring of shoreline garbage nationwide.

Supported by professional organizations and platforms in the environmental protection field, we have expanded public participation in beach cleaning from Shanghai to other coastal cities. At present, Holding Hands Shanghai is working closely with the China Ocean Development Foundation and environmental protection agencies around the coast, holding hands with more companies, societies, and organizations. Looking forward to every “Me” action, converging into every enthusiastic event site, “guarding the beautiful shoreline, we act together”!



# Environmental Protection Project —

## Beach Cleanup

### 9-year Continuous Project Impact

**312**  
KILOMETERS  
COASTLINE

**7,432**  
VOLUNTEERS  
CONTRIBUTED

**220**  
CLEAR BEACH  
OPERATIONS

**47,131**  
KILOGRAMS OF  
BEACH LITTER

**315,746**  
PIECES OF  
BEACH LITTER

**44,586**  
VOLUNTEER  
HOURS

### The 4th National Clean Beach Charity Day – Shanghai Event

On September 19, the 4th National Beach Cleaning Charity Event sponsored by the China Ocean Development Foundation launched a public beach cleaning charity event in 4 main venues across the country and more than 30 coastal city branch venues. As the organizer of the Shanghai branch, we joined hands with Shanghai to carry out thematic activities on the Shanghai Nanhui coastline. 65 volunteer partners participated and cleared a total of 250.12 kg of beach waste along the 500-meter coastline, contributing to the protection of the local coastline and marine resources.



# Environmental Protection Project —

## River Watching

Social development is changing with each passing day, but the environmental situation is getting more severe. Behind the glamour of big cities, water pollution has also become an environmental problem that cannot be ignored. For more people to understand and pay attention to the problem of water pollution, with the professional support of River Watcher, Shanghai has not only carried out regular river watching projects in Shanghai, but also brought the project to Beijing, Dalian, and Beijing. Wuhan, Chongqing, and other cities. By observing black and foul-smelling water bodies, organizing public comment on the effects of treatment, and establishing a benign multi-party dialogue mechanism between the government and enterprises, social organizations, and the public, etc., we've promoted the proper treatment of our nation's rivers.



# Environmental Protection Project — Environmental Recycling

This year, we join hands with TerraCycle to promote a green lifestyle and reduce the environmental pressure caused by waste in high schools and local communities. TerraCycle is an international innovative social enterprise dedicated to waste disposal and providing individuals, enterprises, and governments with new “collection-treatment-promotion” waste recycling solutions.



# Environmental Protection Project —

## Accurate Cloth Donation

HandsOn Shanghai through the support of BlueSky4Children clothing donation platform encourages everyone to participate in the promotion of a more daily sustainable lifestyle and carry out team charity donation activities. Based on winter clothing needs in poor areas volunteers and recipients are matched on our clothing donation platform. We encourage personal/individual families interesting in sending clothes to people in poor areas to keep an eye on crucial updates on the BlueSky4Children platform.



# Visually Impaired Group Project — Movement Free

Focus on creating opportunities for equality movements, we encourage visually impaired people to go out and establish a movement for the visually impaired. HoS cooperated with Dark Running Team, recruited volunteers to accompany visually impaired people to run, aimed to change society's prejudice against the visually impaired, and promoted the accessibility of barrier-free exercise.



# Visually Impaired Group Project — Visually Impaired Experience Day

We simulate scenes in the lives of the visually impaired on the university campus so that everyone has the opportunity to understand the difficulties that the visually impaired may encounter in their lives. This can help them help others effectively when they encounter real situations.



# Guidance

Hospitals in Shanghai have never lacked patients who come for treatment, but the unfamiliar environment and unfamiliar procedures often leave patients at a loss. The medical guidance volunteer service is designed to provide convenience for patients who come to see a doctor, and at the same time reduce the burden on medical staff in this epidemic year.



# Wall Painting

Wall painting is a traditional project of HandsOn Shanghai since 2004. We have helped to beautify the environment in cerebral palsy children rehabilitation centers, autistic family care centers, nursing homes, and schools for children of migrant workers. This year, because of the epidemic, volunteers could not directly accompany the beneficiaries and play with them. Therefore, the volunteers turned this love into the wall painting, hoping to give them a more warm environment.







## Individual Volunteering

Special 2020 may be the most boring year for most of the volunteers. Volunteering is already one of the indispensable lifestyles for volunteers, but this year our lifestyle has undergone too many changes. This year, there will no longer be hundreds of volunteer services every week, no weekly gatherings and company, and some volunteers and team leaders will always ask: "When will the activity resume?" This aches us as well, from waiting for the warmth of spring to start some zero-contact online activities, what remains unchanged is that every corner illuminated by the volunteers with love and warmth will not disappear or be forgotten.

# Star of the Year



## Charity Coach Support

Because of the sudden epidemic, everyone's lives have been turned upside down, and they are often in a flustered and confused mood. But we know that 2020 is a year of healing when we go hand in hand and rely on and support each other. So we joined hands with Taiwei Consulting to provide one-on-one emotional coach consultation services to everyone for free. Through the guidance of professional coaches, we listened to and shared everyone's troubles and confusion, and took everyone inward to seek inner peace.

## Online zero-touch activities



---

“The coach is the searcher of our inner treasure. Whether it is self-exploration or helping others to find it, it is very meaningful.”

**-HANDSON SHANGHAI VOLUNTEER LEADER**

---

“In April 2020, based on the belief that ‘no one is an island, we are all connected in this world’, Shanghai Taiwei Consulting and HandsOn Shanghai will collaborate to provide volunteer coaching support. Taiwei Consulting has convened a total of 20 certified coaches provided 33 volunteers one-on-one charity coaches from April to July, aiming to accompany and help volunteers to get better support during the epidemic and help them grow.”

**-SUNNY, ONE OF THE FOUNDERS OF TAIWEI CONSULTING**

---

# Star of the Year

## *Online zero-touch activities*



### Making anti-sickness sachets

Affected by the epidemic, the volunteers were unable to accompany the elderly as usual, so everyone changed their company to another way. 548 sickness prevention sachets made by 141 volunteers were sent to four nursing homes in Shanghai.



### Zero Waste Life

“Zero Waste Day” is a national joint advocacy initiative jointly initiated by the Zero Waste Alliance, Shenzhen One Foundation Charity Foundation, and Vanke Charity Foundation. Together KrSpace, we carried out online and offline advocacy activities to promote zero waste through popular science. Related knowledge conveyed the concept of reducing life to the public, and received a photo response from many small partners, showing the results of transforming old things at home.



### Online sharing session of rescue animals

To let more people know more about the situation and current situation of performing animals, we have invited the person in charge of the rescue of performing animals public welfare project to introduce the natural beauty and performance pain of wild animals through online sharing, and help everyone understand from multiple angles. Minefields for recreational consumption of wildlife.

# Voice from Individual Volunteers



---

There was such an opportunity, and I just became a volunteer when I was free. It's not because of kindness, it's not because of high morals, it's what you should do. It's like having a bottle on the side of the road, just picking it up in the trash can. In a short time, I didn't do much and saw a lot. It's not so much to help others as to see yourself. I feel that every "object of help" maybe himself. There is not much emotion, just feel it when you are a volunteer. As for what to get, I didn't think about it carefully, maybe I just got it. Everyone feels different and it is worth feeling for me.

— YUQING YANG

---



---

In the past year, the epidemic has been severe, and the whole people have taken strict precautions. I was sent to the hospital as a volunteer by chance. There I saw patients who were suffering from illness. The illness brought tremendous pain to their body and mind, and their relatives could not visit at any time because of the strict hospital control policy, which made them worse. In communicating with patients, I deeply felt their inner fear and the strong need for care. They will respond with a simple greeting with a smile, and they will relax by chatting about the daily routine, and they will be moved to tears with a word of encouragement. Our volunteer work is meaningful. I will continue to focus more on the groups that need it, and while supporting them, I also experience the beauty of connecting people to people. Help others help themselves. I hope that the epidemic will end as soon as possible and that more people will participate in volunteer activities to reap the benefits.

— YUJIE LI

---



## Student Team Volunteering

College students are full of vitality and are an important part of young volunteers. College student volunteers can bring vitality and joy to the recipient groups. At the same time, participating in volunteer activities can also enable the student groups to better understand the textbooks and the world outside the school, enrich their worldview, enrich their outlook on life, and enhance their Values. In 2020, HandsOn Shanghai cooperated with 30 student associations to implement and create a series of short-term and long-term volunteer service projects. In addition to continuing to pay attention to and support multiple socially disadvantaged groups and hot topics, such as education support for children of migrant workers, care for sick children, care for the elderly, care for mentally handicapped groups, road safety and other fields and topics, young students continue to exert their influence. In addition to the on-site support of large-scale art exhibitions and music festivals, more student volunteers appeared on the scene of volunteer activities related to environmental protection.

# Outstanding Performance Team

## 1. Volunteer Square Studio, School of Computer Science, Donghua University

In December 2020, Donghua University School of Computer Volunteer Square Studio, Science Store, and IT Public Service Team jointly organized the “UPS Campus Treasure Hunt” on the Songjiang campus to promote road safety and traffic knowledge and advocate civilized travel. Through this activity, more students have learned road safety knowledge and improved their awareness of traffic safety. They will be able to travel in a civilized manner and drive safely in their future trips, and protect themselves while also protecting others.



## 2. Qingzhi Center, School of Accounting, Shanghai University of International Business and Economics

Volunteers came to Sunshine House in Huaihai Middle Road Street and brought a variety of activities such as handicrafts, games, English classes, and geography classes to the students. In the games prepared by the volunteers, such as painting noses, copying without aliasing, and other games, the students not only learned knowledge but also exercised their expression skills. The volunteers also used interesting ways to bring vivid English lessons to the students through alphabet songs, watching videos, follow-ups, and word card sets.

### 3. Shanghai Jiaotong University Chenxi Volunteer Service Center

Volunteers came to the Sunshine House in Middle Huaihai Road Street and brought a variety of activities such as handicrafts, games, and English classes to the students. Volunteers will carefully prepare handmade materials, and will patiently guide students in the process of making handmade. Volunteers used rich and interesting teaching aids to teach students the pronunciation and spelling of 26 English letters and basic words related to fruits, body parts, and animals. The interaction with the volunteers not only brought a lot of knowledge and happiness to the students but also strengthened the students' hands-on, communication and expression abilities.



### 4. Shanghai Jiao Tong University School of Medicine Female College Student Association & Volunteer Team, School of Life Sciences, Shanghai Normal University

The volunteer service of medical guidance was designed to provide convenience for patients who come to see a doctor, and at the same time reduce the burden on medical staff in this epidemic year.

Volunteers from the two teams participated in the volunteer service of the Xuhui District Central Hospital. After the training, the volunteers had strong adaptability. After taking the job, they performed provided conscientious, responsible, and meticulous service every time, and have won unanimous praise from hospital patients, senior volunteer teachers, and social work teachers. The hospital guidance service exercises the volunteers' abilities in all aspects, enhances students' communication skills, service awareness, and adaptability. It also allows students to experience the joy and fulfillment of serving others, and at the same time inspires everyone to devote themselves to more volunteer services with enthusiasm.

# 2020 Shanghai Cooperation University





# Voices from Student Volunteers

“Before the event, I had vague perceptions of the mentally handicapped groups, and there were also some stereotypes. This event gave me a chance to approach them. They are the same as us. When they are delicate little things, they also make a proud expression; when they play sweet music, they also involuntarily follow the rhythm; when watching the setting sun, they can’t wait to return home... We are all the same All the sentient beings are full of joy, anger, sorrow, and joy, but in different ways. Cohen said, “Everything has cracks, that’s where light comes in.” I hope that in these short two hours, I have brought some light to them. At the same time, I also look forward to more volunteers joining in so that the sparks of love will gather and give them more happiness and warmth.”

— EAST CHINA UNIVERSITY OF SCIENCE AND TECHNOLOGY ZHANG MENG  
SUNSHINE HOUSE ACTIVITY

“In the crafting class, sheets of colored cardboard are gradually filled with folded bunny and imaginative paintings. The children will proudly introduce the content of their works, and I will be amazed by their creativity. . Every time I see the smiles of the children completing their work, I am very happy that I can join such a meaningful activity. Even when encountering difficult crafts, none of the children give up. The most unforgettable thing for me is that a child is here After class, I insisted on completing my work. Even if the sky was dark, all the volunteers stayed until the end to help her complete the handwork. I believe all serious efforts are meaningful.”

— EAST CHINA NORMAL UNIVERSITY JIN KEXIN SUNFLOWER ACTIVITY

“Looking back on these few volunteer service activities, from the initial timidity to the subsequent proactive asking “Hello! Do you need help?” The breakthrough is very simple, the difference between helping others only zero and countless times Although my job is simply to help the patients and their family members register, pay, cancel accounts, etc., the repeated gratitude from the other party offsets the dullness of repetitive work, and makes me feel the joy of helping others, and constantly strengthens me The enthusiasm to help others. I hope to make helping others my habit like the other volunteer teachers in this activity.”

— LI DONGZHE, SHANGHAI  
JIAOTONG UNIVERSITY  
SCHOOL OF MEDICINE, XUHUI  
DISTRICT CENTRAL HOSPITAL



## Corporate Volunteer Service

In 2020, COVID-19 has brought unprecedented challenges to social development, and it seems to have distributed survival tasks to the whole world. Responding to emerging new needs and challenges, HandsOn Shanghai combines anti-epidemic policy requirements and constantly debug, explore new service to better help business partners answer the task on the subject of corporate social responsibility.

**We focus and continue to pay attention to the following issues:**

1. The challenges of social development need to be solved, new partnerships, new ways of cooperation, open innovation, and responsible business leadership are needed;
2. Public welfare projects should bring direct benefits to the development of individuals, groups, and communities, increase the diversity and tolerance of community development, and maintain the flexibility and adaptability of “flexible communities” to cope with new trends and challenges.

# Corporate Volunteer Service

## Based on these, HandsOn Shanghai focuses on:

1. Construct project partnerships that are consistent with social development goals, and maintain flexibility and open thinking in the way of linking to embrace all partners;
2. Based on the two-way matching needs of local community development needs and corporate social responsibility goals, cooperate with corporate partners to launch targeted projects with long-term development potential;
3. Create voluntary service opportunities for employers and employees of different business departments and different levels of enterprises, provide different service methods for more people to participate, and allow more professional skills to be displayed;
4. Actively respond to the local epidemic prevention and anti-epidemic dynamic management, put the health and safety of all participants in the first place, focus on contactless voluntary service, and maintain flexibility to switch online and offline activities.

Looking back on 2020, these growth experiences will help us to take a good journey in the future. Walking without fear of burdens, and every step that HandsOn Shanghai and all our partners, we are one step closer to a healthy and beautiful society! 2021, here we are!



# 2020 CORPORATE PARTNERS



# Star of the Year

*Responding to the needs of local communities  
under the new crown epidemic*

## Loving assembly line project

Affected by the epidemic, volunteers cannot go to the event site to accompany the disadvantaged groups, as usual, to support and help, we organized everyone to express and convey care in another way. For example, initiating an online invitation, more than 140 volunteers participated in the production of 548 epidemic prevention love sachets and sent them to nursing homes.

In the corporate partner office in Shanghai, an “assembly line” of anti-epidemic sachets has also been established, one stitch and one thread of blessings, warnings, and expectations are written on the wish postcards, and anti-epidemic materials are claimed and sent to the nursing home and Sunshine home, and then distributed to each recipient by the staff.

Thanks: volunteers from Bloomberg Beijing and Shanghai offices; employee volunteers from Aberdeen Standard Investment Management (Shanghai) Co., Ltd.; volunteers from LVMH Fashion Group. Everyone’s love has been delivered to the hands of grandparents and students with mental disabilities. Although the sachets are small, each piece contains the great love of the volunteers.



“This activity is very meaningful. I hope the elderly people will like the sachets we made. When the epidemic is over, we must take our children to sign up for HandsOn Shanghai’s elderly care service.

**- EMPLOYEE VOLUNTEERS**

# Star of the Year

*Responding to the needs of local communities under the new crown epidemic*

## **Trelleborg Sealing System [Care comes to campus, the first lesson of epidemic prevention]**

June 2nd is the back to school day for all teachers and students of the Tangwan Primary Migrant School in Minhang District. In the first class of the school, we were fortunate to invite medical staff who fought on the front line during the epidemic to “live broadcast” the primary school children of migrant workers. Dr. Li used plain language to describe the ‘crazy’ scenes on-site; used professional words to guide students to build up interest in learning; and used interactive questions and answers to solve the problems and confusion that people had been lingering in their hearts. Professional terminology and childish language are mutually interesting. learning the knowledge of epidemic prevention and safety together and prepare for the normalization of the epidemic. Volunteer representatives from Trelleborg also came to the campus to donate hand sanitizer and caring supplies to provide protection and support to more than 1,600 teachers and students in the school.

We hope that everyone can use what they have learned in their daily lives and share them with more people so that everyone can protect the health of themselves, classmates, teachers, and family members.



”

“I hope that this year’s epidemic will end soon and let the angels in white clothes(doctors and nurses) go home soon.”

**-FOURTH GRADE STUDENT**

“We must wash our hands well to protect ourselves, so that this year’s outbreak will end sooner.”

**-FOURTH GRADE STUDENT**

# Non-contact Volunteer Service

## Google China

### #IamRemarkable Career Development Course

#IamRemarkable is Google's Global Women's Empowerment Project, which aims to help women and minorities better recognize and show themselves, thereby helping them seize more opportunities in their career development. Google China brought it to China in 2019, hoping to take this opportunity to help empower more Chinese women. In 2020, HandsOn Shanghai hands in with Google China to implement thematic courses combined with local contexts. Through interactive course workshops, we've helped local college students and young people obtain internal innovation tools.

In the fourth quarter of 2020, a total of 114 college students and young friends participated and benefited from 5 online workshops brought by 8 Google employee facilitator. In the process, everyone was encouraged to try to pay attention to themselves inwardly, record and share small snippets that they were proud of, and were inspired by listening to the experiences of others. Together they exercised self-recognition and self-expression "muscle memory". We hope that everyone will continue to use this part of the "muscle" in the future to win more career and personal development opportunities for themselves in different scenarios, and become a better self; at the same time, it can also help create an inclusive, diverse and friendly social environment that allows more people the opportunity to embrace themselves and praise life.

HandsOn Shanghai 2020 Annual Report



“Many times, your outstanding light is not invisible to others, but is hidden by your own psychological haze.”

**-UNIVERSITY STUDENT VOLUNTEER**

# Non-contact Volunteer Service

## Hewlett-Packard China Public Welfare Course for College Students' Capacity Building Training Course

For students who have just entered university, understanding the importance of project management, mastering effective communication skills and improving the ability to use time are very helpful things for studying, working and living.

In mid-October, corporate volunteers from Hewlett Packard Enterprise (China) Co., Ltd. held an online workshop on capacity building around project management and time management for the university student leaders of HandsOn Shanghai. Volunteer facilitators explained the definition of project management, the importance and necessity of project life cycle, time management, communication methods and models step by step. Not only to popularize the theoretical knowledge of project management for the students, but also to show you how to communicate effectively and improve communication efficiency.



“(Project management) is especially important for a project with a long period and a large number of people involved. It is very important to understand the process clearly, highlight the key points, and the task is efficient. It is especially important for college students who have to take into account their studies. Sometimes there are too many tasks, and there is no clear display between tasks and something is forgotten. I want to try to list the daily work list shown by the lecturer every day, which should improve work efficiency and reduce the error rate.”

**-UNIVERSITY STUDENT VOLUNTEER**



# Non-contact Volunteer Service

## Cisco Cares

### Service organization of mentally-challenged online service support project

Cisco employee volunteers will provide their expertise, skills and professional background, as well as more that can be integrated and linked into the project, to help Caihong mama Family Care Center organize and upload the series of paintings completed by volunteers and autistic patients. The online system improves the organization's electronic data processing capabilities, and helps to carry out online diversified promotion activities, investigate the entry points of long-term services, and prepare for the development of follow-up long-term service projects.

Through the company's internal works exhibition and promotion, 2 rounds of online works charity sales raised RMB 10,520 for the follow-up activities of Caihong mama Family Care Center for family mutual assistance activities for children with autism.



“This is the first time I have seen a painting drawn by a 32-year-old man suffering from cerebral palsy. I always thought that cerebral palsy is a far away from me, but at this moment it seems that the patient is right in front of me. I read the author's signature and the font is upside down. Scribbled, I can see that the signing is a bit laborious, it is definitely not easy to draw this picture. I stayed in the room for a while to imagine the life of the patient in 32 years. We always say that giving is more blessed than receiving, and I hope to buy this the people who painted this picture spread the story to help more people with cerebral palsy and autism.”

**- CORPORATE EMPLOYEE VOLUNTEER**

# Non-contact Volunteer Service

## Micron Gives Accurate Clothes Donation Activity

HandsOn Shanghai through the support and cooperation of the BlueSky4Children Clothing Donation Platform, encourage everyone to participate in the promotion of a more daily sustainable lifestyle and carry out team charity donation activities based on the information on winter clothing needs in poor areas that the clothing donation platform opens and matches. Through participation, volunteers can understand the concept of precise donation and the process of participating in the quality inspection of clothing, and donate the clothing they don't need one-to-one through the mini-program, that is, they can simultaneously give volunteers real feedback and respect the people in poor areas.

The Micron Gives event mobilized more than 200 Shanghai office employees and their families to participate in winter clothes donations, sending warmth and blessings to children and families in poor areas of Xinjiang.

In addition to the in-depth contact with the concept of precise clothes donation, the ingenious handicraft teachers brought volunteers a class on the handmade transformation of old cowboys, starting a new journey for everyone to rebuild the old things. We hope that everyone can help us and our baby love the blue sky outside the activities Together we advocate the recycling economy of old things and use idle or discarded clothes and fabrics to gain a second life and create value again.



“I used to be confused about where the clothes I donated were gone, but through this volunteer activity, I realized that donating clothes is not only a severance, but also a love for the people who received the clothes. I will treat these loves more carefully, hoping to truly help those in need.”

### -CORPORATE EMPLOYEE VOLUNTEERS



# Non-contact Volunteer Service

## Hardware facilities aid project The “painters” are back

As a veteran “star project” of HandsOn Shanghai, the wall painting project has allowed our “painters” to travel all over the city’s primary school campuses for children of migrant workers, the parks of the support centers for mentally handicapped groups, special education centers, and community nursing homes since 2004. Wait. Thanks to social attention and resource injection, this project quickly met almost all community needs, so the project went quiet.

When the 2020 epidemic prevented volunteers from providing face-to-face services, we joined hands with Shanghai to re-develop the need for beautifying the walls in the local community, and invited the volunteer team to turn love into one-sided wall painting, bringing more to the service targets A warm environment, even if you fail to provide face-to-face service and support, you can still convey the volunteers’ continuous attention and concern.



“Seeing that the designer’s drawing has become a finished product! I believe this space will warm more people in the days to come.”

– CORPORATE EMPLOYEE VOLUNTEER

# Non-contact Volunteer Service

## Hardware facilities aid project The “painters” are back (cont.)

In the newly launched “Painting Craftsman” project, there are wall painter positions and “Painting Craftsman” positions, which are open to volunteer teams to participate in according to their skills and expertise. Among them, the wall paint designers have teachers from the Academy of Fine Arts, the marketing department of the company, and employee volunteers who do visual design. All of them use pro bono to provide remote or on-site support to meet the needs of the organization for different space themes and uses. Need to do the matching design, and without complaints to cooperate with the repeated adjustment requirements, only to achieve the most suitable beauty in the hearts of the demanding organization. And all the volunteers who came to the scene and devoted themselves to the role of “painter” cooperated with the organization to do a lot of epidemic prevention measures and preparations. The wall painting scene was very quiet. Everyone’s meticulous brushstrokes flowed little by little with kindness. The scene was also very lively. The staff of the demanding agency was also attracted to join us to discuss color correction and detailed sketching. Everyone picked up the pen together. Draw a picture of love.



---

“This is the first time I paint a wall. I didn’t expect it to be more complicated than I imagined. It takes patience to paint over and over again to reach the standard in my heart, but until the moment I see the finished product, I feel that everything is worth it after finished. I hope future users will like it.”

**- CORPORATE EMPLOYEE VOLUNTEER**

---

## 2020 Community Partners

*National Children's Medical Center*

*Children's Hospital of Fudan University*

*Center Hospital of Xuhui District*

*Shanghai 2nd Homeless Aid Station*

*Xinhua Sunshine Home*

*Jiaxing Sunshine Home*

*Xinzhuang Sunshine Home*

*Huaihai Rd Sunshine Home*

*Hongkou Disabled Persons Culture and Art Center*

*Shanghai 3rd Social Welfare Institute*

*Huangpu 2nd Social Welfare Institute*

*Huangpu 2nd Elderly Care Center*

*Hongmei Elderly Care Center*

*Dong Li Feng Mei Kang Jian School*

*Hongmei Primary School*

*Tangwan Primary School*

*Qiyang Kindergarten*

*Beijing Songtang Hospice*

## 2020 Charity Partners

*China Ocean Development Foundation*

*China Foundation for Poverty Alleviation*

*BlueRibbon Ocean Conservation Association*

*River Watching Association*

*Zero Waste Organization*

*Rescue Performance Animal Charity Project*

*TerraCycle*

*BlueSky4Children*

*Shanghai Sunflower Migrant Children Service Center*

*Caihong Mama Family Care Center*

*Running in the Dark*

*Jiji Health Management Consulting Co., Ltd.*

*Shanghai Taiwei Consulting Co., Ltd.*

*Muyi Calligraphy and Painting*

*United Way*

*Global Giving*

*CAF*

# Our Team

## BOARD OF DIRECTORS



**Mr. Richard Brubaker**  
Founder of HandsOn  
Shanghai



**Ms. Fang Hui**  
Chairwoman of  
HandsOn Shanghai



**Ms. Spring Su**  
National Registered  
Adolescent Psychologist  
and Trainer



**Mr. Jie Zhou**  
General Manager of  
Shanghai Cresting  
Gold Company



**Ms. Shi Lan**  
Co-Chairwoman of  
Hyde Capital Group



**Mr. Brian Tam**  
Founder and CEO of  
Let's Make Great!



**Mr. Denis Liu**  
Sustainability Director of  
Occupational Health &  
Safety Assistances inc.,  
Shanghai

# Our Team

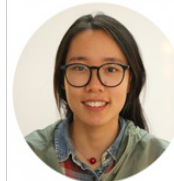
## EXECUTIVE TEAM



**Chloe Liu**  
Director,  
Corporate Project



**Jesse Zhou**  
Director,  
Volunteer  
Management



**Sophia Xu**  
Manager,  
Corporate Volunteer



**Playin Tsui**  
Manager,  
Corporate  
Volunteer



**Frankie Yan**  
Manager,  
Individual Volunteer



**Stellar Chen**  
Office Manager

*Be the change, volunteer!*



HandsOn Shanghai was founded in 2004 by a group of young people who are enthusiastic and want to contribute to the Shanghai community. The original intention of HandsOn Shanghai was to build a flexible and relaxed volunteer platform to meet the desire of busy urban people to do their best for the community. We believe that everyone can make a difference!

Can help others act! Make our community and the world better!