



HandsOn Shanghai
牵手上海



2019 ANNUAL REPORT



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OUR MISSION

Promote volunteerism, mobilize, motivate, and support people to take action to bring about positive change in our world.

OUR VISION

We allow everyone to discover their potential to change the world, create a vibrant and healthy community, and a society in which everyone participates.

Message from Chairwoman of HandsOn Shanghai

Dear friends,

When you see this New Year message, it is already 2020! Standing at the beginning of a new era and looking back on the past 10 years, what makes you most memorable? What makes you most proud? My moment of pride would be to read the annual report of HandsOn Shanghai at this time of year. I feel so pride and emotional! Of course, this pride is not for myself, but for the persistence of HandsOn Shanghai every year and the countless volunteers who dedicated their time and energy to help the others.

In the past 5 years, I have moved from Shanghai to live in Beijing. Although the activities are in its full swing, I can only watch from a distance of thousands of kilometers. When I write a message every year, I worry whether I have getting unfamiliar with HandsOn Shanghai? Have I lost touch with the volunteers in Shanghai? However, after reading the annual report, I seem to have regained my feelings and connection. I seem to be able to feel the excitement and enthusiasm of

volunteers participating in the activities for the first time, the joy of growing up on the volunteer road, and occasionally facing the helplessness of the current society, more is to gather courage, positive action brings change to society! It is the volunteer spirit that connects you and me. I think it is the enthusiasm of every volunteer and every ordinary action make Hands On Shanghai better!

Volunteering gives people strength and hope! My strength and hope for this year comes from the 14-year persistence of HandsOn Shanghai Volunteer Le Zheng and the newly-increased volunteer Jiang Peiyun. 14 years of volunteer experience has made Le Zheng more awe in life and still full of hope for this world. What a powerful force! Although Jiang Peiyun has only been a volunteer for one year, his thinking represents the voice of many people: "Why volunteer? Is it purely just helping others to give love? What do I get?" Only when you think clearly with these issues can the meaning of volunteering become more abundant and the path of volunteering can last longer.

Message from Chairwoman of HandsOn Shanghai

We live in a good era, but in any era there are difficulties and challenges, and we all have troubles and unwillingness. Thank you Le Zheng and Jiang Peiyun for giving us strength and hope. It will be a star in our life and remind us that life can be different and we can change! At the beginning of a new era in 2020, let us sow hope and spread power!

#bethechange
#volunteer



Fang Hui

CHAIRWOMAN OF THE HOS BOARD

Jan 6th , 2020



New Year Message from the HandsOn Shanghai Volunteer Team Leader

Knowing HandsOn Shanghai was from my friend's recommendation, adhere to this day, being a volunteer leader and responsible for project management activities is also a coincidence.

In 2006, I was a volunteer with Kids in the Children's Medical Center (SCMC) for the first time. I've met so many friends during the activities, and a group of fun when happy, serious like a small adult child together. They've doubled my happiness, it is wonderful...

For 14 years, as an individual volunteer in the Children's Medical Center (SCMC) main building sunshine room, lead special people to visit the Expo Exhibition Hall, accompany the heart center children to play, participate in autism graffiti activities, lead the company's volunteer team to beach cleanup, the formation of the company's youth volunteer organization, During fourteen years to lead the party branch pair of stay-at-home children series of activities, each project is a simple and happy memories.

Now I am the leader of the Shanghai Children's Center Sunshine room and music project, who have seen the

painful reaction of children after chemotherapy, avoid the eyes of all partners, shed tears, and also ecstatic because of the children and parents said: "wait for you for a long time!"; because of these volunteer acquaintances, travel friends, lovely colleagues and all the kindred spirits who always walk besides me, together bringing joy and companionship for the children and let me feel so lucky to want embrace each one of them!

Although it's just companionship and project management, but carrying the sentence of "life impact on life", beyond reading, travel, work, volunteering has become an integral part of my life.

Some people have said that in these years, even if you don't have to do these things, there will just be other things to do. So, I'm so lucky that I get to pick my favorite things to do, how on earth would I be interfered with other thing with this perfect choice I've made.

Volunteering is equal. Our volunteer service strengthens our links to ourselves and those around us, and it makes us aware of our wholeness and strength. When we serve,

New Year Message from the HandsOn Shanghai Volunteer Team Leader

volunteering itself also help us find a sense of satisfaction that gives us a sense of gratitude in volunteering.

I contribute because of love, which made me feel happy, which complete me.

HandsOn in Action! We are in the Sunshine!

Shakespeare told us, "The grass and trees grow by the rain of heaven, but they also dare to look up to the heavens." "We can't imagine a day without ideals and no hope, just as we can't imagine a day without sunshine. It is precisely because of the role of sunlight to give life that the earth has not become a stone.

*Facing the rising sun of the New Year, we walk hand in hand.
Hope never abandons the weak.
Hope is ourselves.*

FOURTEEN YEARS OF VOLUNTEERING:

Lezheng

Dec, 2019



Our Impact in 2019

VOLUNTEER HOURS:

34,171

NUMBER OF ACTIVE
VOLUNTEERS:

7,548

VOLUNTEER TRAINING
HOURS:

4,241

VOLUNTEER
OPPORTUNITIES:

17,000

VOLUNTEER LEADERS:

123

STUDENT
ASSOCIATIONS:

35

COMMUNITY PARTNERS:

55

CORPORATE PARTNERS:

25

NUMBER OF DIRECT
BENEFICIARIES:

12,510

NUMBER OF
VOLUNTEERING EVENTS

1,512



2019 HANDS ON SHANGHAI PROJECTS



HandsOn Shanghai
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Migrant Children Education Project

As the pace of urban development accelerates, a large number of migrant workers join the tide of construction in Shanghai. At the same time, the children of migrant workers from also follow their parents and come to Shanghai to study, work and live. At present, there are more than 400,000 migrant children of school age in Shanghai. As the second-generation “immigrants” entering Shanghai and becoming the future “new Shanghainese”, they can receive compulsory education in specialized migrant schools here, gradually enter public schools and study and live with local students. In recent years, government support and social attention have greatly improved the school facilities and teachers of migrant children. In order to give these children more opportunities to explore and develop in their quality, abilities, and expertise, HandsOn Shanghai has been recruiting and organizing educational volunteers to come to migrant children’s schools since 2008 to improve the infrastructure and teaching environment for the school, has provided a wealth of extracurricular activities for children.

Forms include: Hardware improvement and maintenance: book box production, wall painting, campus landscaping construction, donation of school supplies, etc.

Course teaching: English interest courses, science interest courses, sex education courses, moral education courses, comprehensive science courses, art courses such as painting and handicraft etc.

Interest

clubs: Basketball Club, Reading Club, Football Club

Charity

Summer

Camp:

Charity summer camp activities lasting about one month each summer, including indoor interest courses, outdoor visits, charity carnival activities, etc.

Experience Class: I CARE - Growing Experience Project, Sports Day, Urban Exploration



Migrant Children Education Project

HIGHLIGHT COURSE 1: SEX EDUCATION

The identification club composed by seven volunteers from Fudan University, East China University of Political Science and Law, and Jiaotong University, teaches about the lack of knowledge about sexual education among students in domestic schools. The funny, simple language translation textbook-style explanations made the topic of sexual knowledge, which is difficult to be heard in China becoming easy and interesting and was warmly welcomed by students. In the classroom, the public account of the identity society insists on monthly “tweets”, actively organizes online discussions and offline activities, summarizes class experience, and actively discusses in groups. At present, the team of the identification club is constantly expanding, with like-minded people from different schools actively paying attention and participating actively.



We look forward to more volunteers joining this team in the future to expand the influence of the project, support the project to enter more schools, and benefit more students.

Migrant Children Education Project

HIGHLIGHT COURSE 2: EVERYONE CAN CREATE

The educational projects brought by APPLE volunteers into the classroom of the migrant students, and the creative project-based learning program was ordered in the interest classes of the third grade students of Wenhui Primary School in Minhang District, Shanghai, releasing every students' endless creativity. When students have more ways to express their views, their way of thinking will change accordingly. They will see what was previously invisible, and what was previously unavailable.

A total of 88 students participated in the course, which directly benefited, and also changed the teacher's thinking about the way of providing lessons; 97 Apple volunteers contributed 145.5 hours of volunteer service. This course will bring advanced learning to teachers and students in the coming semester.



Sick Child Care Project — Children's Hospital

Tens of thousands of parents bring their children from all over the country to the doctors in Shanghai every day. Not only are the parents anxious, but the sick children are also very uncomfortable, and they feel very difficult.

College student volunteer teams, individual volunteers and corporate volunteer teams actively participate in HandsOn Shanghai Patient Care Project, bringing joy and smiles to sick children and parents. Volunteers interact closely with children, make infants and toddlers laugh, accompany older children to play games, draw pictures, tell stories, talk and chat with parents, bring happy and relaxing time, ease children's dullness and parental pressure.



Not only on weekdays, volunteers also play cartoon characters to enter the hospital during the festival, so that children in hospital can feel the festive atmosphere.



Sick Child Care Project — Children's Hospital



HIGHLIGHT ACTIVITIES 1: SUNLIGHT IN THE WAITING HALL

When the sick child is waiting in the hospital, parents and children always have to wait for a long time. Volunteers form a music corner in some waiting halls. In addition to the piano, volunteers also bring many instruments to the waiting parents and bring wonderful music to sick children; some volunteers in the waiting hall form a graffiti corner, soothing all boring time with colorful colors and music.



HIGHLIGHT ACTIVITIES 2: BEDTIME STORY

The bedtime story program is the one with the highest registration rate for volunteers from HandsOn Shanghai. In addition to volunteers telling stories to children, children can often tell a story to volunteers. Time spent with each other is the best thing to give each other.

Sick Child Care Project — Cerebral Palsy Rehabilitation Center

With such a group of children, they are born with mental or physical impairments. In Shanghai, there are many rehabilitation institutions for children with intellectual or physical disabilities, providing them with a warm living environment, striving to explore the children's potential and restore normal mobility. HandOn Shanghai regularly recruits training volunteers to come to the rehabilitation institution, assists the rehabilitation teacher through games and companionship, teaches children simple cognitive knowledge, and designs game lessons for children with dysfunction, which aims to bring warmth and care to children with cerebral palsy.



Mentally Handicapped Group Project — Mental Retardation

There is a special group in Shanghai, including people with intellectual disabilities in Sunshine Homes in various districts, and homeless people in rescue stations. Since 2005, HandsOn Shanghai individual and corporate volunteer teams, the student volunteer society has begun to pay attention to people with mental disabilities and participate in the activities of the sunshine home and the rescue station. At the sunshine home in various districts of Shanghai, volunteers accompany the sunshine home students in each district to do simple handicrafts, festival-themed activities, English lessons, baking lessons, outdoor activities, and accompany them to spend a pleasant afternoon together.



HIGHLIGHT ACTIVITIES

Crafting Class • Bowling • Flower Arrangement • Baking • Traditional Chinese Painting • English

Mentally Handicapped Group Project — Autism Care

Autistic children are living in their own universe, their eyes are clear, but they dodge; they can hear but they are silent. Behind the beautiful name of “Kids From the Stars” is the cruel and sad reality of autism patients. Art and PE intervention in the field of autism education is a positive way to intervene in autistic patients, and strive to improve their ability to live and promote social integration. HandsOn Shanghai launch a series of autism art projects with a number of social groups and organizations. Use those activities as a bridge to help them build interaction with others and gradually improve their ability to communicate with others.



HIGHLIGHT ACTIVITIES

Graffiti • Parent-child Yoga • Basketball Club • Soccer Club • Summer Camp

Elderly Care Program



Nowadays, elderly nursing houses in Shanghai have three percent of the city's elderly. This kind of elderly has two types of needs: basic survival needs, such as accommodation, diet, physical exercise, etc.; personal spiritual needs, including humanistic care, psychological companionship, and integration with the community. Elderly care institutions have provided adequate services for basic survival needs, but there is still much room for improvement in spiritual needs, and the limitations of life in nursing homes make the elderly feel socially helpless and lacking in value. Taking into account these needs of the elderly, HandOn Shanghai and a number of nursing homes launched a long-term volunteer service projects, provide diversified volunteer positions, and let more people enter this group.

Volunteer forms include but not limited to:

Chatting • Reading Newspaper • Walking • Doing Games • Doing Crafts • Performance



Elderly Care Program



HIGHLIGHT ACTIVITIES 1: SMARTPHONE COURSE FOR THE HEARING DISORDER ELDERLY

With the development of technology, the function of smart phones is reflected in all aspects of life. The convenience of technology to young people is a problem for the elderly. At present, there are no smart phones for the hearing disorder elderly. In order to enable this group to better enjoy the benefits of smartphones, HandOn Shanghai united sunshine home, and the volunteer of Economics Financial Association of the Shanghai University of Finance is responsible for project development and implementation, tailored for the elderly with hearing disorder with their smartphone courses.



HIGHLIGHT ACTIVITIES 2: ORAL LIFE STORY FOR SENIOR GROUP

Through around 6 months with elderly group in the nursing homes, volunteer teams record and edit every "life book" with recollecting the memories of the past, helping their older friends rediscover their value, bringing them happiness and satisfaction, and leaving precious memories and remembrances to their families. And this is the original intention of the "Oral Life Story".

Environmental Protection Project — Beach Cleanup

While urban construction is developing rapidly, its offshore resources have a tendency to degrade, and the contradictions between population, resources and the environment have become increasingly prominent. Protecting the marine environment on which we depend has become a responsibility we cannot ignore. The beach clean-up activities hold by HandOn Shanghai, through mobilizing and encouraging citizens to actively participate in the beach clean-up activities, enable participants to feel the relationship between people, the sea and nature in the process of beach participation in cleaning activities.

At the same time, the garbage data collected during clean beach activities will be used to support scientific research and monitoring of shoreline garbage nationwide. HandOn Shanghai has organized this Beach Cleanup program with student associations, enterprises and individuals from 2012. By 2019, we've carried out corporate beach cleanup activities in other cities



as well, we are moving forward and we are willing to join hands with more people, groups, organizations and enterprises. Looking forward to having more supporting and participants, converging into every enthusiastic event site, “guarding the beautiful shoreline, we act together”!



Environmental Protection Project — Beach Cleanup



The 3rd National Clean Beach Charity Day - Shanghai Event

On September 8th, under the guidance of the Ministry of Natural Resources and sponsored by China Ocean Development Foundation, 22 non-profit organizations nationwide organized and collaborated to carry out clean-up operations in more than 30 coastal cities across the country. HandOn Shanghai organized 6 college student associations with 214 student volunteers to contribute to the local coastline and marine resources environmental protection at the Nanhui beachsite.

Environmental Protection Project — River Watching

Social development is changing with each passing day, but the environmental situation is getting worse. Behind the glamorous and beautiful big cities, there are also water pollution problems. Monitoring by relevant agencies shows that there are still many black and stinky waters in cities who are stubbornly resisting! In order to let more people understand and pay attention to the water pollution problem, in 2019 HandOn Shanghai not only regularly carried out monitoring projects of black and odorous rivers in Shanghai, but also brought black and odorous water observation projects to cities such as Beijing, Dalian, Wuhan, and Chongqing. By observing the black and odorous water body, organizing public comment on the effect after treatment, and establishing a benign multi-party dialogue mechanism between the government and enterprises, social organizations, and the public, etc., to promote the governance of the black and odorous water body.



Environmental Protection Project — Environmental Recycling

This year, we join hands with TerraCycle to promote a green lifestyle and reduce the environmental pressure caused by waste.

TerraCycle is an international innovative social enterprise dedicated to waste disposal, providing individuals, enterprises and governments with a new “collection-treatment-promotion” new waste recycling solution.



Movement-free

Focus on creating opportunities for equality movements, Handson Shanghai encourages visually impaired people to go out of home, establish a movement for the visually impaired and the visually impaired. Handson Shanghai cooperated with Dark Running Team, recruit volunteers to accompany visually impaired people to run, change the society's prejudice against the visually impaired, and promote the accessibility of the exercise barrier-free.



Visually Impaired Experience Day

Handson Shanghai simulates the scenes of the visually impaired on the university campus, so that everyone has the opportunity to understand the difficulties that the visually impaired may encounter, so that the youth can know how to effectively help others when they encounter real situations in the social environment.



For more projects, please click the
<http://handsonshanghai.org>
calendar page to register, or send
an email to
volunteer@handsonshanghai.org
for more information.

INDIVIDUAL VOLUNTEERING

With the harmonious development of society, voluntary service has also received much attention from all walks of life, and it has developed into an indispensable part to effectively promote public affairs. The goal of HandsOn Shanghai is to build a flexible and effective volunteer service platform, paying more attention to the experience of volunteers and “heart to heart” services. Volunteers are willing to participate in voluntary services, and the volunteers of HandsOn Shanghai are neither subsidized nor paid.

Volunteers of HandsOn Shanghai are mainly registered through the online platform, and the items presented on the official website calendar are clear at a glance. As long as the volunteers register, get the HandsOn Shanghai ID, they can flexibly and freely choose the project that suits their time and interests and self-register. And the system’s reply letter will be sent to the registration emails of the volunteers immediately, including the time of the event, the meeting place, the transportation route, the contact information and precautions of the volunteer leader on the day, and the volunteer leader will contact each registered volunteer one by one the day before the event, this can almost allow volunteers to participate in our volunteer activities without any worries.

Individually participated projects and activities include: care for sick children, care for the elderly, care for mentally handicapped groups, environmental protection, education. Behind this, HandsOn Shanghai is very grateful for the volunteer leaders. HandsOn Shanghai has tens of thousands of registered volunteers. Every week’s regular volunteer activities are led by one or two volunteer leaders. They must not only be familiar with the volunteer service of the day, but also communicate these to the volunteers. At the end of the summary and sharing, at the same time need a certain on-the-spot adaptability. Volunteer leaders are the soul of HandsOn Shanghai. They are active on the front line of volunteer service, making volunteer services more efficient and pragmatic, guaranteeing the quality of volunteer services, and a source of strength of HandsOn Shanghai. We hope that volunteering is not just a helping activity, but also hope that both the leader and the volunteer can cultivate a lifestyle of volunteering and feel the joy of a lifestyle.



Thank you to all the leaders below for their support and companionship in 2019!

徐小琴/汤洁/朱红燕/戴盈盈/韩菲/钱丹丹/周黎黎/恺撒/郑杰/孙海燕/张亮亮/陈珏瑞/林欣晨/王晓芸/杨文君/蒋鸣/卢一/朱忠佳/谭旭娇/周柳亦/王丹/游涛/薛佳苑/赵洁怡/邹娟/马静正/海虹/虞姚菲/乐铮/颜异/徐今/李晨婷/徐小媛/徐晨佳/唐杰/姜旭东/洪昇/肖伶俐/唐天赐/朱忠佳/戎昊亿/杜捷欣/赵韵菲/金君/徐小雯/戚春林/沈颖/范歆咏/童佳嘉/钱流梅/殷勤/周诗淇/胡卫鹰/季濛凡/沈莉/冯程程/符晓/刘洁/舒颖/薛冰/斯安娜/刘英/奚玥/蒋骊/宋欣萍/王欣怡/朱健生/张岚/吴泠溪/郭丽娜/徐瑾/李婧/周荣荣/叶婧/文姝/殷丹/姜旭东/恺雯/黄博/李泉/翁章吉/孙成铭/邓盛/田桂珍/赵菲/李佳庞/李玉洁/叶秀云/蒋沛澧/张况磊/顾清玮/刘琴/叶婧/李璐瑶/朱之婧/于博/吕美娟/杨洋/奚静韵/Phoebe/Karen/Tseng/Sophia//Summer/Alisa/Polly/Elaine/Stanley/Stan/Liz/Lisa/Shirley/Katie/Sharon/Amy/Fly/Yuting/Fenfen/Emma/Lilian/Sergii/Emliy/Sueun



Voice from Individual Volunteers

“On December 3rd, 2018, it was the day when I officially registered as a volunteer of HandsOn Shanghai, time passed by for more than a year. In this year, I experienced too many stories, sadness, joy, tangle, suddenly, all kinds of moods that can't explain. At first, friends and relatives often asked me, “Why do you volunteer?” I always answered, “I want to help those in need and give love.” Today, when someone asks this question again, my answer is: “I got what I wanted while helping others!” Then what did I get? Happiness, infinite happiness; I'm constantly feel pressure of my thirty above age, family, work, etc. I need to find a happy pure land, release the pressure, and volunteer activities are exactly what I need. I agree, the approval of others; I have been a maverick since I was a child. My criticism of my style of doing things has always been around. I hope that there will be another level of breakthrough in life. It is what I want to do as a volunteer.

Specialties, different specialties; literature and art have always been my hobbies and specialties, class literature and art committee members, school arts department director, I have been doing my favorite things, but I suddenly feel useless while I'm at work, so volunteers event gave me a stage to perform again. My original intention, unforgettable original intention; I have worked hard in the society for many years and found that I have changed a lot, I often put on a false masks. My gentle kindness is almost buried. I am a volunteer and participate in volunteer activities. I found myself back and found that loving and innocent self. Finally, I quoted a quote from Lei Feng: “I'm willing to be a pine of high mountains and rocks, not a willow by the lakeshore or riverside. I'd like to exercise myself in the storm and not spend my life in a quiet day.”

— JIANG PEIYUN

“Sunday companionship became an agreement with the children in the hospital ward, playing with different children, listening to their voices, being their older friend, seeing the bright smile on the children's faces, and making them more convinced of what they did was significant. Accompany each other and grow with each other!”

— ZHAO FEI

“There is a picture of the sentence “House of Mercy, Left with Mercy ”on the wall of the activity room of Cerecare Wellness Center. I really like this sentence, it gives me strength and warmth, and I will share it with volunteers. The children in Cerecare Wellness Center are fortunate, surrounded by love, and their hearts are full of love. Volunteers are also very fortunate as well to receive the love reflected by the children, and their hearts are warm.”

— TIAN HUAHUA

STUDENT TEAM VOLUNTEERING

College students are full of vitality; they are the very part of young volunteers. College student volunteers can bring vitality and joy to the beneficiaries. At the same time, participating in volunteer activities can also allow the student group to better understand the textbook and the world outside of the school, enrich their worldview, enrich their outlook on life, and enhance their values. In 2019, HandsOn Shanghai cooperated with 35 student associations to implement and create a series of short-term and long-term volunteer service projects. In addition to continuing to pay attention to and support multiple socially vulnerable groups and hot topics, such as education support for migrant children, care for sick children, care for the elderly, care for mentally handicapped groups, and road safety, young students continue to exert their own passion and enthusiasm, in addition to the on-site support work of large-scale art exhibitions and music festivals, more student volunteers appeared on the scene of volunteer activities related to environmental protection.



2019 Shanghai Cooperation University



Voice from Student Volunteers

“At the beginning, I joined in the volunteer activity of beach cleanup just to get to know the students, but after I really participated in it, I realized the importance and significance of this activity. The beach cleanup activity is not only to protect the environment, but also to cultivate the environmental awareness of us and the students participating in the activity. This is what I understand the purpose of this activity.”

— **YONG WANDING, SHANGHAI ELECTRIC POWER UNIVERSITY, BEACH CLEANUP**

“As a volunteer of the black smelly river watching project, for the first time, I directly saw the environmental pollution in the residential area, and immediately gave me a sense of mission to contribute to environmental protection. The process of water quality monitoring has opened the door to a new field of knowledge, discovered esoteric scientific knowledge in water quality monitoring, and learned the significance of various indicators and detection methods. I am proud of my concern for environmental protection and the effective implementation of measures to protect the environment. I will always pay attention to environmental protection topics in my future life.”

— **YANG CAN, EAST CHINA UNIVERSITY OF SCIENCE AND TECHNOLOGY, BLACK SMELLY RIVER WATCHING PROJECT**

“When I first stepped into the rescue station, I was still somewhat restrained. After playing with them, everyone was just a group of people who were just as lovely and would be happy for some common things. When they left, they still waved goodbye to us at the window and could see that they were really happy for our arrival. This is the biggest gain of this trip.”

— **QIAO YUANZHANG, SHANGHAI UNIVERSITY OF ELECTRIC POWER, RESCUE STATION ACTIVITY**

Voice from Student Volunteers

“This is my first time participating in the caterpillar book club volunteer activity. At first, I was worried that I would not bring a good experience to the children. I did not expect to be moved by the children’s passion. The children who participated in the reading club were all four to five years old. Although they didn’t know much about literacy, they all had an active learning attitude. They listened to the story carefully and raised their hands to answer questions. Shock. All in all, the volunteer activities of the book club is a very meaningful thing.”

— CHEN NANXI, EAST CHINA NORMAL UNIVERSITY, SUN FLOWER COMMUNITY CHILDREN’S SERVICE CENTER READING CLUB ACTIVITIES

“After signing up for volunteer as a teacher, I was a little overwhelmed when I received the task of doing lesson plans and PPT. Writing a lesson plan means listing the teaching goals, difficulties, and outlines. The PPT determines the content and level of interest in the classroom. In short, the two can reflect the seriousness of the teacher’s attention to a classroom from a certain angle. This was also the first time I went to write a lesson plan as a PPT. I felt the burden of a reading teacher on my shoulder. The reading class is more active than I thought. The front row of students are rushing to answer questions. When they are familiar with the content, they raise their hands and say “Teacher I know I know! ...” For the students, it is different. The teacher brought a different class and also learned knowledge. For me, dreaming back to elementary school and being a little teacher once was an unforgettable and precious memory.”

— LUO XU, SHANGHAI UNIVERSITY OF INTERNATIONAL BUSINESS AND ECONOMICS, SUPPORT MIGRANT STUDENT EDUCATION PROGRAM AT HONGMEI ELEMENTARY SCHOOL

“During the event, we chatted and talked with the elderly, and learned that the old people have an optimistic attitude, and they are still young in the face of old age. What impressed me most was a granny with white hair. When we invited her to see our performance, she nodded with a smile on her face and said to us that she had to look in the mirror first. Their hearts are still full of young sunshine, which is great. They held our hands and asked enthusiastically where we came from? Were we tired? That made us feel extremely warm.”

— SHANGHAI BUSINESS SCHOOL, ZHANG HANYU, HUANGFU DISTRICT SENIOR APARTMENT EVENT

CORPORATE VOLUNTEER SERVICE

Corporate volunteer service project creates a culture of social responsibility between the company and the local community. Through volunteering activities, the company has demonstrated their belief in giving back to the community, and employees will also feel that they have a closer connection with others in the community as part of the community. Volunteering as a team building activity can also improve the company’s production efficiency and job satisfaction.

In addition, corporate social influence can also be diversified through long-term, continuous attention and participation support of volunteer groups in volunteer activities, and can convey corporate culture and corporate social responsibility to various stakeholders. Each corporate volunteer activity and project is a tailor-made employee volunteer service based on the industry, development vision, corporate culture and social responsibility goals set by the company.



For corporate partnership, sponsorship and inquiries of CSR projects, please contact us (corpworks@handsonshanghai.org) for more information.

The Stars of 2019



UPS ROAD CODE

7-Year Partner.

The goal of the UPS Road Code Program is to raise road safety awareness among the younger generation of drivers and help them develop good driving habits.

The project benefited more than 3,000 university students and migrant families in Shanghai and Hangzhou.



APPLE "EVERYONE CAN CREATE"

Cooperation of the Year.

Project-style learning programs that unleash the creativity of every student.

As students have more ways to express their views, their way of thinking will change. They will see previously invisible, associations that were previously unassociated. Help stimulate students' creativity and enable them to communicate through multiple channels.

SKILL-BASED



ABBVIE "WEEK OF POSSIBILITY"

4-year partner

Every year in Shanghai, Beijing, Guangzhou, Chengdu's one-day volunteer activities, to motivate and mobilize local staff for volunteers to participate in and active in the service front line.

Give sick and mobile children and primary school children in hospitals access to the "SEEK" course, from which to reap the joy of learning and to explore and enjoy the fun in the STEAM world.

The Stars of 2019

RISING STAR



KPMG ANNUAL VOLUNTEER PROJECT

Cooperation of the Year

Encourage employees to participate in different types of volunteer activities, address local community needs and environmental issues, and engage employees to participate and reach their potential.

Not only is it a monthly opportunity to participate in Shanghai, but there are also twice-yearly care initiatives for children with mental disabilities in Beijing as a complement to local activities.



MICRON "GIVING FOR GOOD"

Mobilize 350 employees in a single event

2 hours to clean up 5 km of coastline

Cleanup 708.3 kg of beach trash

Contribute 700 volunteer hours

The Stars of 2019



KLA ANNUAL VOLUNTEER PROJECT

Cooperation of the Year

5 environmental initiatives in 5 cities

144 employees and family volunteers

712 volunteer hours

“Environmental protection is not a slogan, but a lifestyle choice.”



HPE GLOBAL DAY OF SERVICE

Cooperation of the Year

7 environmental initiatives in 5 cities

174 employees and family volunteers

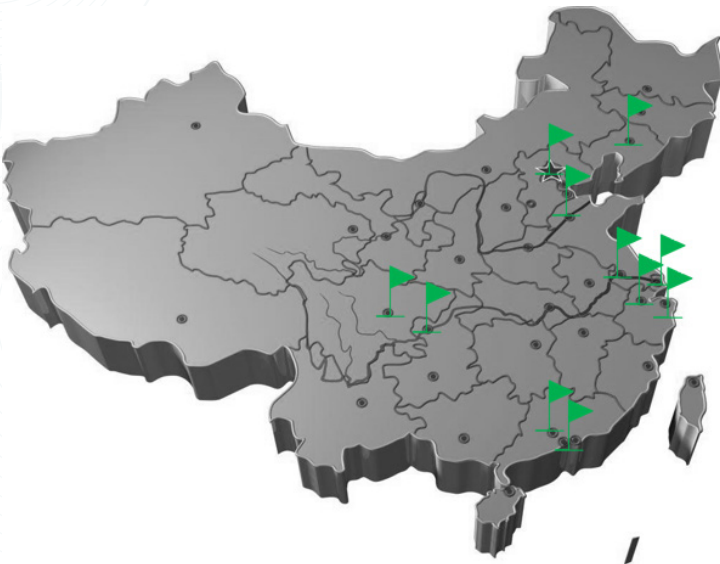
Contribute 822 volunteer hours

“To the future, with you!”

ACROSS CHINA

Work With Us

- ▶ Look forward to working with you to develop projects in project cities across the country.
- ▶ The project is suitable for different project cycles, such as a single activity and a long-term project, to meet the busy schedule of the business and the needs of the city where the project is landing.
- ▶ Businesses do not need to make a commitment to long-term cooperation. If the business is interested, we are more than willing to work with the enterprise to expand a single activity into a long-term project.
- ▶ Each project will be managed by a well-trained project management team and managed on-site by the project manager.



2019 CSR project execution cities:
Beijing, Dalian, Shanghai, Hangzhou, Chongqing, Chengdu, Wuhan, Guangzhou, Shenzhen.

2019 Corporate Partners



2019 Community Partners

Children's Hospital of Fudan University
National Children's Medical Center
Shanghai Children's Hospital
Shanghai General Hospital
Shanghai Pubin Children's Hospital
Baby Home - Disabled Orphaned Children Center
CereCare Wellness Center
Caihong Mama Family Care Center
Dong Li Feng Mei Kang Jian School
Shanghai 2nd Homeless Aid Station
Xinhua Sunshine Home
Jiaxing Sunshine Home
Dapuqiao Sunshine Home
Xinzhuang Sunshine Home
Ouyang Rd Sunshine Home
Shimen Second Road Sunshine Home
Zhangjiang Sunshine Home
Hongkou Disabled Persons Culture and Art Center
Shanghai Yuemiao Disabled

Persons Foster Home
Xuhui Elderly Care Center
Shanghai 3rd Social Welfare Institute
Fahua Elderly Care Center
Huangpu 2nd Elderly Care Center
Huangpu Elderly Care Center
Hongmei Elderly Care Center
Jiaxing Road Street Community Center
Fengxian Bihai Golden Sands
Nanhui Town Government
Rendu Marine Public Welfare Development Center
China Ocean Development Foundation
TerraCycle
Pickup China
Hongmei Primary School Longxi Campus
Hongmei Primary School Zhuhang Campus
Hongmei Primary School Caohang Campus
Yumiao Primary School
Tangwan Primary School
Pujiang Wenhui School

Qiyong Kindergarten
Shanghai Sunflower Migrant Children Service Center
Beijing Songtang Hospice
Beijing Wenhua Migrant School
Beijing New Sunshine Ward School
Beijing Cultural Relics Protection Foundation
Beijing Qixing Autism Rehabilitation Center
Beijing Stars and Rain Education Institute for Autism
Beijing Chenguang Cerebral Palsy Rehabilitation Center
Guangzhou Huiling Mentally Challenged Persons Service Center
Hangzhou Qinmin Socialwork Service Center
Chengdu Renhuai Socialwork Service Center
Dalian Environmental Protection Volunteers Association
Shenzhen Blue Ocean Conservation Association
BlueRibbon Ocean Conservation Association
Running in the Dark

Our Team

BOARD OF DIRECTORS

HandsOn Shanghai currently has 7 board members who represent our long standing relationships with Shanghai's business, academic, and non-profit organizations. We are indebted to their service to us, and often look to these members for guidance as we build our platform.



Mr. Richard Brubaker
is the founder of HandsOn Shanghai and HandsOn China. Richard is the professor of sustainability development in China Europe Business School.



Ms. Fang Hui
is the chairperson of the HOS board. She joined HandsOn Shanghai (HOS) in 2007. She was the executive director of HOS from 2010 to end of 2013.



Ms. Spring Su
is a certified youth coach and trainer. She was the program director of HandsOn Shanghai from 2009 to 2012.



Mr. Zhou Jie
is the general manager of Shanghai Cresting gold company. He is also the vice secretary of the Nantong Chamber of Commerce in Shanghai and Jiangsu Hai-men Chamber of Commerce.



Ms. Shi Lan
is Co-Chair of Hyde Capital, and Founder of Space Yun, a leading innovation platform, and co-working space, supporting entrepreneurs in China.



Mr. Brian Tam
is the founder of Let's Make Great!, a 3 time TED x speaker, and creator of PROTO, a storytelling game to inspire entrepreneurs.



Mr. Denis Liu
is the former Ethical Sourcing Manager for AB-Twinings, and has more than 15 years of sustainability and corporate responsibility experience.



Our Team

EXECUTIVE TEAM



Chloe Liu
Director,
Corporate Project



Jesse Zhou
Director,
Volunteer
Management



Sophia Xu
Manager,
Corporate Volunteer



Playin Tsui
Manager,
Corporate
Volunteer



Frankie Yan
Manager,
Individual Volunteer



Stellar Chen
Office Manager



Handson Shanghai was founded in 2004 by a group of young people who are enthusiastic and want to contribute to the Shanghai community. The original intention of Handson Shanghai was to build a flexible and relaxed volunteer platform to meet the desire of busy urban people to do their best for the community. We believe that everyone can make a difference! Can help others act! Make our community and the world better!

Be the change, **volunteer!**

